

focus on Health

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Dominican Hospital
A member of CHW



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ANNUAL SYMPOSIUM DRAWS CROWD TO EXAMINE 'PERSPECTIVES ON MENTAL ILLNESS'

This year's Symposium featured powerful individual presentations by:

FRED FREASE, MD, a psychologist with more than 40 years of experience in mental health care, who was diagnosed with schizophrenia as a young Marine officer in the Vietnam era;

PETE EARLY, former Washington Post investigative reporter and author of "CRAZY: A Father's Search through America's Mental Health Madness," who shared his personal story to illustrate how difficult it can be to get a loved one with a severe mental illness meaningful help;

LIZZIE SIMON, a young woman who is the author of "DETOUR: My Bipolar Road Trip in 4-D," who has been recognized nationally as a leading advocate for people with mental illness, and

LESLIE TREMAINE, currently the Director of Santa Cruz County Mental Health and Substance Abuse services.

Following their individual presentations, the speakers participated in a panel discussion moderated by Dominican Hospital's Chief Medical Officer, Dr. Freddie Weinstein, and addressed questions from the audience.

The entire Symposium was videotaped by Community TV and is being rebroadcast by both the Comcast and Charter cable systems for the benefit of community members who were unable to attend the event.

This year's Symposium also included exhibits by many local and regional community groups involved in behavioral health issues and advocacy work, showcasing the services they provide. Also featured was an exhibition of artworks in various

media created by members of NAMI, the National Alliance on Mental Illness.

The Jon E. Nadherny/Calciano Memorial Youth Symposium was founded in 1997 by the Nadherny/Calciano family, following the 1995 suicide of their 23-year-old son. His death was a tragic loss to his family and all who knew him. The Symposium is his family's extraordinary life-affirming and positive response to tragedy. The Jon E. Nadherny Memorial Fund, a part of Dominican Hospital Foundation's permanent endowment, ensures both the perpetuation of Jon's memory and the continuation of the extraordinary community-benefit program created in his name. Additional contributions to the Fund are always welcome.