

## Course Overview

The objective of this year's symposium is to explore the opiate epidemic. Presentations regarding the current range, impact, and preventive strategies based on science, treatment, community and personal/family experiences, will be reviewed and discussed at this comprehensive symposium with both national and local considerations.

To ensure that we examine this multifactorial topic from all perspectives, the morning speakers will be joined in the afternoon by local experts for a panel discussion with questions from the audience. This program will be of interest to medical and behavioral health professionals as well as educators, law enforcement personnel, parents and students.

## Course Objectives

1. Describe the legal changes that occurred in 2016 that impacted opioid use.
2. Differentiate between addiction to opiates and opioids related to chronic pain and recreational use by youth.
3. Articulate beneficial aspects of medication assisted treatment.
4. List three signs and symptoms of addiction/opioid/opiate use.
5. Identify and describe two behavioral treatment strategies for opiate use.

## History and Legacy

In 1995, the Calciano family lost Jon, their 23-year-old son, and brother, to suicide. After two years of collaboration with the Dominican Hospital Foundation, the family inaugurated the Jon E. Nadherny/Calciano Memorial Youth Symposium to strengthen adolescent behavioral health resources in our community. These annual symposia enable local families, educators, and mental and medical health professionals to hear and interact with renowned specialists in a wide range of timely topics. Over the past twenty years, areas of focus have ranged from suicide to bullying, ADHD, substance abuse, and gender identity.

The Calciano family is grateful for the hundreds of symposia participants who work tirelessly to improve the mental health and coping abilities of adolescents in our community. We welcome you to join us at our 21st anniversary event.

Please visit: [calcianoyouthsymposium.org](http://calcianoyouthsymposium.org)

## Symposium Advisory Committee

We are excited to be celebrating over 20 years of providing high-quality, in-depth presentations of adolescent and young adult topics of clinical relevance. Our committee is a multidisciplinary team representing key professions and organizations in our community. We are dedicated to bringing timely topics from nationally renowned speakers.

Karen Gosling, MPT  
Committee Chair  
Paul Bellina, MFT  
Carol F. Berman, LCSW  
Diane Bridgeman, PhD  
Linda Calciano, PhD  
Stan Einhorn, PhD  
Guinevere Espinoza-Krebs

Kathy Gonzales  
George Jarrow, RN  
Deborah Joy, DDS  
Josh Nadherny-Calciano, RN  
Suzanne Nicholas, PhD  
Micahel Paynter EdD., LMFT  
Bob Semas



**Dominican Hospital  
Foundation**

A Dignity Health Member

Those wishing to support the Symposium, may make a gift online at: [supportdominican.org](http://supportdominican.org)



Celebrating Over 20 Years  
of Serving the Community



EXPERTS FROM THE  
National Institute of Drug Abuse  
and Santa Cruz County

Dr. David Thomas, Dr. Sarah Duffy, and  
Shaina Zurlin LCSW

**Opiate Use:  
Behavioral Health Considerations  
for Recovery and Hope**

Friday, March 1, 2019

8:45 am – 3:45 pm

Santa Cruz Beach Boardwalk  
Coconut Grove Grand Ballroom

## Presenters

### Dr. David Thomas

After 12 years as a pain and opioid researcher, in 1995 Dr. Thomas joined the National Institute on Drug Abuse (NIDA) where he has managed much of NIDA's pain and opioid research efforts. In 2015, he joined DESPR's Services Research Branch. He currently is co-chair of the NIDA Prescription Opioids and Pain workgroup, which fosters pain and opioid research and education. He is also a founding member of the National Institutes of Health (NIH) Pain Consortium, which promotes pain research across the NIH. He is also a member of the Department of Health and Human Services Behavioral Health Coordination Committee Prescription Opioids Subcommittee, National Pain Strategy working group on Provider Education, and the Interagency Pain Research Coordination Committee. Dr. Thomas served as the NIH liaison to the CDC in the development of the CDC guidelines on opioid prescribing for chronic pain. Dr. Thomas is also the lead on the NIH Pain Consortium Centers of Excellence in Pain Education which is promoting pain education in medical, dental, nursing, pharmacy and other professional schools.

### Dr. Sarah Duffy

Dr. Duffy joined NIDA's Services Research Branch (SRB) in 2006, where she is responsible for the economics, opioid use disorder treatment services research, and quality measurement and management of extramural research grant portfolios. Prior to joining NIDA, she spent eight years as a senior research economist at the Office of Applied Studies at the Substance Abuse and Mental Health Services Administration (SAMHSA) where she used data from large national data collection projects, including the National Survey on Drug Use and Health (NSDUH) and the Treatment Episode Data Set (TEDS), to conduct economic and health services research on substance abuse treatment and costs. Prior to joining SAMHSA, Dr. Duffy worked for the Maryland Health Services Cost Review Commission and the U.S. Agency for Healthcare Research and Quality where she published several articles in the substance abuse treatment, health services research, and economics literatures. She received her Ph.D. in economics from the University of North Carolina, Chapel Hill.

### Shaina Zurlin LCSW

Shaina Zurlin is a Licensed Clinical Social Worker and doctoral candidate with more than 15 years of experience in behavioral health service provision and administration. Her clinical expertise lies in motivational interviewing, gender responsive trauma informed care, and cultural transformations in a range of milieus. Emphasizing a holistic strengths-based approach, Ms. Zurlin connects with clients, participants and multidisciplinary staff to generate successful and sustainable change which best meets individualized needs in dynamic, supportive settings. She has delivered vibrant and engaging presentations to a variety of audiences in such venues as the California Department of Health Care Services Substance Use Disorders Statewide Conference, the California Quality Improvement Coordinators Conference, the California Department of Public Health, the University of California San Francisco, San Diego State University and Zuckerberg San Francisco General Hospital.

## Program Schedule

### Friday, March 2, 2018

8:00 – 8:45 am	Registration
8:45 – 9:00 am	Welcome and Introduction by Farris Sabbah
9:00 – 10:00 am	Dr. David Thomas NIH Presentation: Drug Addiction and Pain. Epidemics with Common Causes and Shared Solutions.
10:00 – 10:15 am	Break
10:15 – 11:15 am	Dr. Sarah Duffy NIH Presentation: Treatment for Opioid Use Disorder: What's the Latest Research?
11:15 – 12:00 pm	Shaina Zurlin LCSW Presentation: A local view of the opiate crisis.
12:00 – 1:00 pm	Lunch
1:00 – 2:15 pm	Podium Presentations: William Morris M.D. Mark Stanford Ph.D. Jennifer Hastings M.D.
2:15-2:30 pm	Break
2:30-3:30 pm	Introduction by Martine Watkins. Guided Panel Presentation and Q&A Moderated by Rudy Escalante Chief Executive Officer Janus of Santa Cruz.

Seating is on a first-come, first-served basis. Please plan to arrive at least 30 minutes before the program starts.

## Cost

Registration is \$75.

Fee includes lunch and complimentary parking, with validation.

## Registration

### Online

For more information about current or past symposia please visit:

[calcianoyouthsymposium.org](http://calcianoyouthsymposium.org)

This educational event is expected to sell out, and space is limited. Reservations may be made through advance secure online registration. Log on to:

[supportdominican.org/symposium](http://supportdominican.org/symposium)

### Mail

A registration form is available on the website. Please mail or fax to 831.462.7608.

## For Questions

Please contact Karen Gosling.

phone: 831.462.7689

email: [karen.gosling@dignityhealth.org](mailto:karen.gosling@dignityhealth.org)

## Course Credit

California Registered Nurses: This course is provider-approved by the California Board of Registered Nursing #881 for 5 contact hours.

Physical Therapists: This course has been approved for 0.5 CEU's by Dominican Hospital. Dominican Hospital is an agency recognized by the Physical Therapy Board of California to approve courses for continuing education units (CEU's).

CPA Accredited: Santa Cruz County Behavioral Health (SCCBH) is approved by the California Psychological Association (CPA) to provide continuing professional education for psychologists. The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LCSW's, MFT's and LPCC's. SCCBH maintains responsibility for this program and its contents. Provider number SAN121, 5.0 hours.

Drug & Alcohol Counselors: Provider is the County of Santa Cruz Health Services Agency, approved for 5 CE hours by CAADAC. Provider No. 4S-99-419-0613

Physicians: This Live activity, Opiate Use: Behavioral Health Consideration for Recovery and Hope, with a beginning date of 03/01/2019, has been reviewed and is acceptable for up to 5 Prescribed credits by the American Academy of Family Physicians\*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (\*Pending AAFP approval)

PLEASE NOTE: Certificate processing may take up to 6-8 weeks.

PARTIAL CREDIT WILL NOT BE GIVEN: To receive course credit, one must arrive on time, stay to the end of the program, complete and turn-in the course evaluation. The program will begin promptly at 8:45am.

## Cancellation Policy

Requests for refunds made at least five days before the start of the symposium will be granted. We reserve the right to cancel any class within five days prior to the class start date with a full refund to participants. We reserve the right to make program changes in the event of speaker illness, natural, or unforeseen disaster. No refunds will be made if the registrant does not attend the conference.