

## About Us

The Jon E. Nadherny/Calciano Memorial Youth Symposium was founded in 1997 by the Nadherny/Calciano family as a way of dealing with the tragic loss of their son Jon to suicide. In conjunction with the Dominican Hospital Foundation, the family organizes the Symposium, focused on providing continuing education by offering world-class training at minimum cost.

This annual symposium creates a community experience that reaches across the entire range of mental health professionals and educators. The wide variety of topics covered help foster an open dialogue among physicians, social workers, health care professionals, school personnel and public law enforcement officials. This ensures solution-creating networks and improved access to service for adolescents, young adults and their families.

In conjunction with the Dominican Hospital Foundation, Education Department and Santa Cruz County Mental Health and Substance Abuse Services, the Jon E. Nadherny/Calciano Memorial Youth Symposium is able to provide continuing education credit.

Please visit: [www.calcianoyouthsymposium.org](http://www.calcianoyouthsymposium.org)

## Symposium Advisory Committee

We are excited to be celebrating our 19th year of providing high quality, in-depth, reviews of adolescent and young adult topics of clinical relevance.

Our committee is a multidisciplinary team representing key professions and organizations in our community. We are dedicated to bringing excellent topics from nationally renowned speakers.

Karen Gosling, MPT  
Committee Chair

Paul Bellina, MFT

Carol F. Berman, LCSW

Diane Bridgeman, PhD

Linda Calciano, PhD

Kathy Gonzales

Deborah Joy, DDS

George Jarro, RN, Emeritus

Alicia Najera, LCSW

Josh Nadherny-Calciano, RN

Suzanne Nicholas, PhD

Samantha Polizzi

Patricia Schroeder, LCSW

Bob Semas

Freddie Weinstein, MD

## 19th Annual



## CUTTING EDGE EXPERTS FROM UC DAVIS MIND INSTITUTE

# Understanding ADHD: Diagnosis and Treatment

Friday, March 3, 2017

8:45 am – 3:45 pm

Santa Cruz Beach Boardwalk  
Cocoanut Grove Grand Ballroom



**Dominican Hospital  
Foundation**

A Dignity Health Member

## Course Overview

The Attention, Impulsivity, Regulation (AIR) team from the UC Davis MIND Institute will present state-of-the-art information on the diagnosis and treatment of ADHD, including how we can use neuroscience findings to guide our understanding, along with related disorders and the development of new treatments. The information will be geared toward clinicians, researchers, counselors, teachers, and family members.

## Cost

Registration is \$75. Fee includes lunch.

Complimentary parking, please bring ticket to registration for validation.

## Course Objectives

1. Increase knowledge of evidence-based approaches to diagnosis in ADHD.
2. Gain appreciation for developmental progression of ADHD.
3. Learn about different subtypes (i.e., “presentation types”) of ADHD and implications for treatment.
4. Develop an understanding for the role of medication in ADHD, including the assessment of associated benefits and potential side effects.
5. Enhancing the knowledge of nonpharmacological approaches to ADHD, including current treatments and future directions.
6. Learn about co-morbid disorders associated with ADHD, including the substance abuse disorders and self-harm.
7. Enhance understanding of how neuroscience findings relate to everyday functioning for persons with ADHD.

## Presenters

### Julie B. Schweitzer, Ph.D.

Dr. Schweitzer is a Professor, Department of Psychiatry and Behavioral Sciences, Director of the Attention, Impulsivity and Regulation (AIR)/ADHD Program at the MIND Institute at the UC Davis School of Medicine and Director, UC Davis Schools of Health Mentoring Academy. Her goal is to apply translational research methods using a combination of behavioral and physiological methods (e.g., fMRI) to better characterize and develop targeted treatments for self-control and attentional disorders in children and adults. This includes identifying subtypes of attentional and impulse-related disorders associated with attention deficit/hyperactivity (ADHD). In addition, she conducts investigator-initiated clinical trial research using cognitive and psychopharmacological approaches in ADHD and autism. She has a long history of studying reward-related functioning across populations, including, typical development, ADHD, schizophrenia and substance use disorders. She is also currently funded for communication and dissemination projects for ADHD.

### Catherine Fassbender, Ph.D.

Dr. Fassbender is an Assistant Professional Researcher within the UC Davis Department of Psychiatry and Behavioral Sciences. She is a cognitive neuroscientist whose interests include understanding the neural correlates of cognitive control processes in the typically developing brain, in ADHD and in substance abuse, through the use of behavioral, functional neuroimaging and electrophysiological methods. Dr. Fassbender's goal is to better understand the cognitive impairments in ADHD in order to inform targeted treatments and to identify patterns of brain and behavior function that will inform the early identification of individuals vulnerable to substance dependence with the goal of prevention.

### Murat Pakyurek, M.D.

Dr. Pakyurek is a Clinical Professor and the Director of Child and Adolescent Psychiatry Division at UC Davis Medical Center. He is also the medical director for UC Davis Department of Psychiatry Outpatient Clinics and the medical director at The MIND Institute ADHD Clinic. Dr. Pakyurek's clinical interests are care delivery systems, childhood mood disorders, ADHD, and Autism Spectrum Disorders. He is involved in education and training of medical students and general psychiatry as well as child and adolescent psychiatry residents.

## Program Schedule

### Friday, March 3, 2017

7:45 – 8:45 am	Registration
8:45 – 9:00 am	Announcements and Introduction
9:00 – 10:30 am	Julie Schweitzer, Ph.D.
10:30 – 10:45 am	Break
10:45 – Noon	Murat Pakyurek, M.D.
Noon – 1:00 pm	Lunch & Networking
1:00 – 2:15 pm	Catherine Fassbender, Ph.D.
2:15 – 2:30 pm	Break
2:30 – 3:30 pm	Panel Discussion and Q&A
3:30 – 4:00 pm	Course Evaluation and Conclusion

Panel discussion and Q&A moderated by Dr. Freddie Weinstein.

\* NO PARTIAL CREDIT WILL BE GIVEN! To receive course credit, one must stay to the end of the program, complete and turn-in the course evaluation.

Seating is on a first-come, first-served basis. Please plan to arrive at least 30 minutes before the program starts.

## Registration

### Online

This educational event is expected to sell out, and space is limited. Reservations may be made through advance secure online registration. Log on to:

[www.calcianoyouthsymposium.org](http://www.calcianoyouthsymposium.org)

You may also view speaker biographies, program schedule and course credit information at this site.

Or register directly at [www.supportdominican.org](http://www.supportdominican.org)

For questions please contact Crystal Olson:  
phone 831.457.7070  
email [nadhernycalcianosymposium@gmail.com](mailto:nadhernycalcianosymposium@gmail.com)

### Mail

A registration form is available at both websites. Please mail or fax to 831.462.7608.

Dominican Hospital Foundation  
1555 Soquel Drive  
Santa Cruz, CA 95065-1705

## Cancellation Policy

Requests for refunds made at least five days before the start of the class will be granted. A \$10 administrative fee will be charged. We reserve the right to cancel any class within five days prior to the class start date with a full refund to participants. We reserve the right to make program changes in the event of speaker illness or natural or unforeseen disaster. No refunds will be made if the registrant does not attend the conference.

## Course Credit

**California Registered Nurses:**  
This course is provider approved by the California Board of Registered Nurses, Provider Number # CEP 881, for 5 contact hours.

**CPA Accredited:**  
Santa Cruz County Mental Health & Substance Abuse Services (SCCMHSAS) is approved by the California Psychological Association (CPA) to provide continuing professional education for psychologists. The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LCSWs and MFTs. SCCMHSAS maintains responsibility for this program and its contents. This course is approved for (5) CE hours. Provider No. SAN 121

**California Psychologists:**  
The Santa Cruz County Mental Health & Substance Abuse Services is approved by the CPA OPD to sponsor continuing professional education for psychologists in California. SCCMHSAS maintains responsibility for the program and its content. This course is approved for (5) CE hours. Provider No. SAN 121

**Drug & Alcohol Counselors:**  
Provider is the County of Santa Cruz Health Services Agency, approved for 5 CE hours by CAADAC. Provider No. 4S-99-419-0613

**Physicians:**  
This live activity, Cutting Edge Experts from UCD Mind Institute: Understanding ADHD Diagnosis and Treatment, with a begin date of March 3, 2017 has been reviewed and is acceptable for up to five (5) elective credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The AAFP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The AAFP designates this live activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.