

About Us

The Jon E. Nadherny/Calciano Memorial Youth Symposium was founded in 1997 by the Nadherny/Calciano family as a way of dealing with the tragic loss of their son Jon to suicide. In conjunction with the Dominican Hospital Foundation, the family organizes the Symposium, focused on providing continuing education by offering world-class training at minimum cost.

This annual symposium creates a community experience that reaches across the entire range of mental health professionals and educators. The wide variety of topics covered help foster an open dialogue among physicians, social workers, healthcare professionals, school personnel and public law enforcement officials. This ensures solution-creating networks and improved access to service for adolescents, young adults and their families.

In conjunction with the Dominican Hospital Foundation, Education Department and Santa Cruz County Mental Health and Substance Abuse Services, the Jon E. Nadherny/Calciano Memorial Youth Symposium is able to provide continuing education credit.

Please visit us on the web at:
www.calcianyouthsymposium.org

Symposium Advisory Committee

We are very excited to be celebrating the symposium's 18th year of providing high quality, in-depth reviews of adolescent and young adult topics of clinical relevance.

The Jon E. Nadherny/Calciano Memorial Youth Symposium Committee is a multidisciplinary team representing key professions and organizations in our community. We are dedicated to bringing you excellent topics from nationally renowned speakers.

George Jarrow, RN
Committee Co-Chair
Joshua Nadherny-Calciano
Committee Co-Chair
Paul Bellina, MFT
Carol F. Berman, LCSW
Diane Bridgeman, PhD
Linda Calciano, PhD

Kathy Gonzales
Deborah Joy, DDS
Alicia Najera, LCSW
Suzanne Nicholas, PhD
Patricia Schroeder, LCSW
Bob Semas
Freddie Weinstein, MD
Anastasia Elgina

18th Annual



Clinical Essentials for Increased Understanding of the Diverse Transgender Community

Friday, February 26, 2016

9:00am–4:00pm

Cocoanut Grove Grand Ballroom
Santa Cruz Beach Boardwalk



**Dominican Hospital
Foundation.**

A Dignity Health Member

Course Overview

Transgender individuals are often misunderstood. This misunderstanding is likely the single greatest contributing factor to stigmatization and resultant adverse outcomes. By utilizing expertise presented to review medical, psychological, social, historical and educational factors and implications related to transgender individuals, the increase in understanding can lead to a healthier and safer diverse community.

The day's 5 hour program will expand the participant's knowledge base as well as provide useful insights into strategies and interventions on these issues confronting young people, as well as research and public policy that form the foundation for the response to these problems.

The program will again combine nationally recognized experts with local expert presenters, utilizing both individual presentations followed by a panel discussion and question and answer period.

Cost

Registration is \$75. Fee includes lunch.

Course Objectives

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1. Define and use terms and concepts related to gender diversity, including gender biology, expression and identity, and gender-expansive.
2. Describe perspectives and experiences of gender-expansive children and the families who are raising them.
3. Identify the components of a gender-inclusive school and the role they might play in helping to establish it.
4. Differentiate between gender identity and gender expressions and implications for treatment.
5. Assess whether a child is demonstrating gender stress or distress or dysphoria.
6. Delineate the three major therapeutic models for treating gender-nonconforming children and their families.
7. Apply a non-pathologizing developmental model of gender variations in children to clinical work.
8. Demonstrate increased capacity to explore the psychodynamics of parenting a gender-nonconforming child.
9. Implement a treatment plan with a therapeutic goal of increasing gender health.
10. Identify co-existing psychological problems or issues that may accompany gender nonconformity.
11. Recognize the significance of collaborative interdisciplinary team work in promoting gender health.
12. Utilize appropriate and current gender terminology and understand the difference between gender and sexuality.
13. Apply best practices for creating a transgender friendly health care setting, including gender affirmative care.
14. Learn about resources in the area of transgender medical and mental health care.
15. Be exposed to the process of transition with hormones and surgical options, including risks and benefits.

Presenters

Joel Baum, MS

Joel Baum, MS, Senior Director of Professional Development and Family Services, is responsible for all programmatic aspects at Gender Spectrum. He facilitates trainings, conducts workshops, develops curriculum, consults with parents/ professionals, and provides resources in service of a more compassionate understanding of gender. He is a founding member and Director of Education and Advocacy with the Child and Adolescent Gender Center at UCSF. Working throughout the United States and beyond, he is frequently called upon to help institutions think more expansively about the gender diversity of all children and teens, and ways to create more inclusive conditions accordingly. For nearly 30 years, Joel's work as an educator has focused on issues of social justice and equity. First as an award-winning middle school science teacher and school administrator, he has also served as a district administrator in Oakland, California, as well as a school reform coach with the National Equity Project. Joel is also a professor at California State University, East Bay in the Department of Educational Leadership.

Diane Ehrensaft, Ph.D.

Diane Ehrensaft, Ph.D. is an associate professor of Pediatrics at the University of California San Francisco and a developmental and clinical psychologist in the San Francisco Bay Area, with a private practice in Oakland, California. She is Director of Mental Health of the Child and Adolescent Gender Center and chief psychologist at the Child and Adolescent Gender Center Clinic at UCSF Benioff Children's Hospital. She specializes in research, clinical work, and consultation related to gender-nonconforming children and assisted reproductive technology families, lecturing, publishing, and serving as an expert witness on both topics nationally and internationally. Dr. Ehrensaft received her PH.D. from the University of Michigan and has served on the faculty of UCSF, University of California, Berkeley, The Wright Institute, Psychoanalytic Institute of Northern California, and Access Institute San Francisco. She is author of *Gender Born, Gender Made, Mommies Daddies Donors, Surrogates, Building a Home Within* (co-edited with Toni Heineman), *Spoiling Childhood, Parenting Together*, and the forthcoming book, *The Gender Creative Child*.

Jennifer Hastings, MD

Jennifer Hastings, MD, majored in Women's Studies at Princeton University was an art teacher and painter before medical school at UCSF, and is grateful for varied life experiences before medicine. As Assistant Clinical Professor, UCSF, Department of Family and Community Medicine, Jen is a family practice physician who started and is Director of the Transgender Health Care Program at Planned Parenthood Mar Monte Santa Cruz and has been actively involved in supporting Transgender Health Care Services for youth and adults around the country. Jen works closely with the Santa Cruz Transgender Therapist Team, and is involved in the integration of Behavioral Health and Primary Care for Safety Net Clinics and with Mindfulness and Medicine. Jen is a member of the Medical Advisory Board of the UCSF Center of Excellence for Transgender Health and intimately involved with Medical Conference Programming for Gender Spectrum. Jen works to increase medical access and understanding about the gender journey.

Program Schedule

Friday, February 26, 2016

8:00am–9:00am	Registration
9:00am–9:15am	Welcome
9:15am–10:00am	Joel Baum, MS. Keynote Dimensions of Gender
10:00am–10:15am	Break
10:15am–11:30pm	Diane Ehrensaft, Ph.D. A Developmental Perspective of Transgender & Gender- Nonconforming Youth and a Collaborative Model of Care
11:30pm–12:30pm	Networking & Lunch
12:30pm–1:45pm	Joel Baum, MS. Creating Gender Inclusive Schools
1:45pm–2:00pm	Break
2:00pm–3:00pm	Jennifer Hastings, MD Transgender Healthcare Overview
3:00pm–4:00pm	Panel Discussion and Q&A

NOTE: Panel Discussion and Q&A Moderated by Dr. Freddie Weinstein.

Seating is on a first-come, first-served basis.
Please plan to arrive 30 minutes before the program starts.

Registration

Online

This educational event is expected to sell out, and space is limited. Reservations may be made through advance secure online registration. Log on to the Dominican Hospital Foundation website at www.supportdominican.org. You may also view speaker biographies, program schedule and course credit information at www.calcianoyouthsymposium.org.

Mail

A registration form is available from the website. Please fill out and mail to:
Dominican Hospital Foundation
1555 Soquel Drive
Santa Cruz, CA 95065-1705
or fax to 831.462.7608.

Cancellation Policy

Requests for refunds made at least five days before the start of the class will be granted. A \$10 administrative fee will be charged. We reserve the right to cancel any class within five days prior to the class start date with a full refund to participants. We reserve the right to make program changes in the event of speaker illness or natural or unforeseen disaster. No refunds will be made if the registrant does not attend the conference.

Course Credit

California Registered Nurses:

This course is provider approved by the California Board of Registered Nurses, Provider Number # CEP 881, for 5 contact hours.

California MFT's & LCSW's:

Course meets the qualifications for 5 hours of continuing education (CE's) for MFT's & LCSW's as required by the California Board of Behavioral Sciences.

Provider: Alicia Najera, LCSW: Provider No. 1109.

California Psychologists:

The Santa Cruz County Mental Health & Substance Abuse Services is approved by the CPA OPD to sponsor continuing professional education for psychologists in California. SCCMHSAS maintains responsibility for the program and its content. This course is approved for (5) CE hours. Provider No. SAN 121

Drug & Alcohol Counselor:

Provider is the County of Santa Cruz Health Services Agency, approved for 5 CE hours by CAADAC.

Provider No. 45-99-419-0613

Physicians:

This live activity, *Clinical Essentials for Increased Understanding of the Diverse Transgender Community*, with a begin date of February 26, 2016 has been reviewed and is acceptable for up to five (5) elective credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The AAFP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Family Physicians designates this live activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.