

## About Us

The Jon E. Nadherny/Calciano Memorial Youth Symposium was founded in 1997 by the Nadherny/Calciano family as a way of dealing with the tragic loss of their son Jon to suicide. In conjunction with the Dominican Hospital Foundation, the family organizes the Symposium, focused on providing continuing education by offering world-class training at minimum cost.

This annual symposium creates a community experience that reaches across the entire range of mental health professionals and educators. The wide variety of topics covered help foster an open dialogue among physicians, social workers, health care professionals, school personnel and public law enforcement officials. This ensures solution-creating networks and improved access to service for adolescents, young adults and their families.

In conjunction with the Dominican Behavioral Health Services and the Dominican Hospital Foundation, the Jon E. Nadherny/Calciano Memorial Youth Symposium is able to provide continuing education credit. These credits are available to medical and non-medical professionals.

Please visit us on the web at:

[www.calcianoyouthsymposium.org](http://www.calcianoyouthsymposium.org)

## Symposium Advisory Committee

We are very excited to be celebrating the symposium's 15th year of providing high quality, in-depth reviews of adolescent and young adult topics of clinical relevance.

The Jon E. Nadherny/Calciano Memorial Youth Symposium Committee is a multidisciplinary team representing key professions and organizations in our community. We are dedicated to bringing you excellent topics from nationally renowned speakers.

George Jarrow, RN  
*Committee Co-Chair*

Joshua Nadherny-Calciano  
*Committee Co-Chair*

Paul Bellina, MFT  
Carol F. Berman, LCSW  
Diane Bridgeman, PhD  
Linda Calciano, PhD  
Alida Canale, RN

Kathy Gonzales  
Deborah Joy, DDS  
Alicia Najera, LCSW  
Suzanne Nicholas, PhD  
Patricia Schroeder, LCSW  
Bob Semas  
Freddie Weinstein, MD  
Anastasia Elgina

## 15th Annual



## Substance Abuse and Youth:

### A Clinical Focus on Alcohol, Marijuana and Prescription Medication

Friday, March 1, 2013  
9am–4:30pm

Cocoanut Grove Grand Ballroom  
Santa Cruz Beach Boardwalk



**Dominican Hospital Foundation.**

A Dignity Health Member

## Course Overview

This year's symposium will focus on "legal" substances that pose a significant health and safety threat to youth. Alcohol, marijuana, and prescription medications are increasingly being abused and the harm associated with this abuse is underappreciated. The variety of attitudes about these substances combined with the knowledge gap of current research based evidence complicates the picture.

The day's 5 hour program will expand the participant's knowledge base as well as provide useful insights into strategies and interventions on these issues confronting young people, as well as research and public policy that forms the foundation for the response to these problems.

The program will again combine nationally recognized experts with local expert presenters, utilizing both individual presentations followed by a panel discussion and question and answer period.

## Cost

Registration is \$60 before February 15, 2013 and \$75 after that date. Fee includes lunch.

## Course Objectives

1. Describe local conditions related to substance abuse amongst youth in our community
2. Identify prevalence related to substance abuse in youth in particular groups of demographics such as the LGBT community and lower socioeconomic groups
3. Apply strategies to effectively communicate with young people about risks associated with substance abuse in a culture that sends mixed messages about alcohol, marijuana, and prescription medication
4. Describe the "Strategic Prevention Framework" project
5. Assess effectiveness of various initiatives related to youth and substance misuse currently implemented
6. Apply guidelines for effective interventions
7. Identify behavioral addictive conditions, classifications and related neurobiology
8. Describe cellular and neural pathways involved in drug and/or alcohol cravings
9. Identify the role family and older peers play in both promoting and preventing substance abuse amongst youth

## Presenters

### A. Thomas McLellan, PhD

Dr. McLellan is the CEO and co-founder of the Treatment Research Institute (TRI) and an experienced substance abuse researcher. From 2009 to 2010, he was Science Advisor and Deputy Director of the White House Office of National Drug Control Policy. Dr. McLellan has more than 35 years of experience in addiction treatment research. At ONDCP, Dr. McLellan worked on a broad range of drug issues, including formulation and implementation of the President's National Drug Control Strategy and promotion of drug treatment through the broader revamping of the national health care system.

### Timmen L. Cermak, MD

Dr. Cermak is Board Certified in Psychiatry, with a Certificate of Added Qualification in Addiction Psychiatry. He serves on the Executive Council of the California Society of Addiction Medicine (CSAM), chaired CSAM's task force on medical marijuana and is editor of the society's newsletter. He is the immediate past President of CSAM and co-chairs the subcommittee on Screening, Intervention and Referral for the Governor's Prevention Advisory Council. From 1982-85 he helped found the National Association for Children of Alcoholics (NACoA).

### James Frederick Mosher, JD

Mr. Mosher is the Senior Policy Advisor for The CDM Group, Inc. as well as the President of Alcohol Policy Consultations. Additionally he is an Adjunct Professor at the Bloomberg School of Public Health, Johns Hopkins University. Mr. Mosher serves as project director for preparation of the State Report on Underage Drinking Policies and provides technical assistance and training to international, national, regional, state and local governmental and nongovernmental organizations.

### Bill Manov, PhD

Mr. Manov is the Alcohol and Drug Program Director for the Santa Cruz County Health Services Agency, and has held this position since 1988. Mr. Manov is responsible for all phases of Santa Cruz County's alcohol and drug programs and also serves as the liaison with inter-agency partners, community groups and advisory boards. He has worked on a variety of substance abuse-related consulting projects, including preparation of competitive grant proposals for private non-profit organizations for prevention, technical assistance and planning services; a study of California counties implementing substance abuse services as part of their Low Income Health Program; and a program guide for integrating opioid treatment using buprenorphine into primary care medical settings.

## Program Schedule

### Friday, March 1, 2013

8-9:00am	Registration
9-9:15am	Welcome
9:15-10:15am	Thomas McLellan, PhD Keynote Medication Focus
10:15-10:30am	Resource Networking/Break
10:30-11:30am	James Mosher, JD Alcohol focus
11:30am-1pm	Resource Networking/Lunch
1-2pm	Timmen Cermak, MD Risks of Marijuana for Youth
2-2:30pm	Bill Manov, PhD Local conditions and initiatives – CPP
2:30-3pm	Resource Networking/Break
3-4:30pm	Panel discussion and Q&A

NOTE: Panel discussion and Q&A moderated by Freddie Weinstein, MD, with Thomas McLellan, PhD; James Moser, JD; Timmen Cermak, MD; and Bill Manov, PhD.

*Seating is on a first-come, first-served basis. Please plan to arrive 30 minutes before the program starts.*

## Registration

### Online

This educational event is expected to sell out, and space is limited. Reservations may be made through advance secure online registration. There are two options for secure online registration. **You may log on to [www.calcianoyouthsymposium.org](http://www.calcianoyouthsymposium.org) or [www.acteva.com/go/calciano](http://www.acteva.com/go/calciano) for fast, secure online registration.** You may also view speaker biographies, program schedule and course credit information.

### Mail

A registration form is available from the website. Please fill out and mail to: Dominican Hospital Foundation, 1555 Soquel Drive., Santa Cruz, CA 95065-1705 or fax to 831.462.7608.

## Cancellation Policy

Requests for refunds made at least five days before the start of the class will be granted. A \$10 administrative fee will be charged. We reserve the right to cancel any class within five days prior to the class start date with a full refund to participants. We reserve the right to make program changes in the event of speaker illness or natural or unforeseen disaster. No refunds will be made if the registrant does not attend the conference.

## Course Credit

Each attendee will be responsible for ensuring that the local licensing board will accept the *AMA PRA Category 1 Credit*<sup>™</sup> being offered. We strongly recommend that you check with your state regulatory agency to determine whether or not you are eligible for continuing education credit by participating in this educational event.

**California Psychologists:** This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology.

**Nurses:** For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit*<sup>™</sup> issued by organizations accredited by the ACCME.

**California LCSWs and MFTs:** Course meets the qualifications for 5 hours of continuing education credit for MFTs, LPCCs, LEPs, and/or LCSWs as required by the California Board of Behavioral Sciences. Provider SCMHSAS / Approval No. PCE 1109.

**California Pharmacists:** The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA category 1 credit*<sup>™</sup>.

**Drug & Alcohol Counselor:** Provider is the County of Santa Cruz Health Services Agency, approved for 5 CEH's (each session) by CAADAC. Provider No. 4S-99-419-0613.

## CME

Dominican Hospital, a Dignity Health Member, is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Dominican Hospital, a Dignity Health Member, designates this live activity for a maximum of 5.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This credit may also be applied to the CMA Certification in Continuing Medical Education.

